

## Woodstock FCC Heart Examination 2023

### **Your Relationship to Others (Matthew 6.12-14)**

Have you been holding a grudge against anyone? | Have you been secretly unforgiving? | Desiring revenge? | Secretly jealous of someone? | Harboring bitterness? | Unwilling to forget a misunderstanding? | Hateful? | Do you avoid people you dislike but need your love? | Are you critical or judging of others? | Do you justify your bad attitude by claiming it is their fault? | Do you gossip to feel superior or better about yourself? | Have you worn a self-protective mask and failed to let people get close to you?

### **Your Priorities (Matthew 6.33)**

In what areas of your life have you failed to put God first? | Do any of the following interfere with doing God's will ... your personal ambitions and goals, your fun and hobbies, your job, your desire to get rich, your own plans, your habits, your friendships, your family? | Do you find you don't have time for ... God? For prayer? For Bible reading? For small group? | Have other activities made you irregular at worship? | Is there anything you would be unwilling to give up if God asked you?

### **Your Attitudes (Ephesians 4.31)**

Do you complain and whine about your circumstances? | Are you ungrateful? | Irritable or cranky? | Always speaking negatively? | Do you get angry easily and blow up or pout? | Are you ever harsh or unkind? | Un-teachable? | Sarcastic? | Do you put down others instead of building them up? | Do you worry about things God wants you to trust Him with? | Do you try to control people or circumstances? | Impatient? | Proud or stubborn?

### **Your Integrity (Colossians 3.9)**

Are you honest in all your dealings? | Do you find it easy to lie? | Do you exaggerate to make yourself look better? | Have you cheated on taxes? | Have you stolen things? | Failed to return things? | Do you do good things hoping to impress others? | Do you pretend to live one way in front of your Christian friends and another way at home or at work? | Do you keep your promises? | Are you dependable?

### **Your Body (1 Corinthians 6.19-20)**

Are you in any way careless with your body or health? | Is there any activity or habit that is harmful to you? | Are you lazy or undisciplined?

### **Your Mind (Romans 12.1-2; Psalm 119.11)**

Have you failed to guard your mind from unhealthy, ungodly input? | Have you filled your mind with sleazy or profane movies, television programs, magazines, or books? | Do you participate in entertainment that causes you to have impure thoughts? | Pornography? | Do you spend an unproportionate amount of time with the TV or the Internet compared to your time with God's Word? | Are you lazy in memorizing scripture verses?

### **Your Money and Possessions (Acts 20.35; Proverbs 11.25)**

Have you failed to dedicate all of your possessions to the Lord? | Have you acted like your possessions belong to you, not God? | Do you give a portion of what God has given you, back to him (tithes/offerings)? | Do you find yourself resentful or defensive when asked to give to God's work? | Are you eager to get rich? | Are you stingy with wealth? | Have you failed to trust God with your finances? | Do you need to be more generous with what God has given you?

### **Your Faith (2 Corinthians 5.7)**

Do you tend to follow your moods or feelings rather than doing what you know is right? | Do you allow your emotions to be inspired for the Lord at church but then do nothing about it? | Do you focus more on your circumstances instead of the promises of God? | Have you failed to trust God with the disappointments of your life?

### **Your Church Family and Ministry (Hebrews 10.24-25)**

Are you accountable to any small group of believers for growth? | Are you using your God-given abilities in some ministry? | Do you pray for your church and your pastors? | Have you been critical instead of helpful? | Have you expected to be "fed" without giving back?

### **Your Family (Proverbs 11.29)**

Are you unkind to those you live with? | Do you pray for them? | Do you need to ask forgiveness from a family member? | Have you been unfaithful to your spouse mentally, emotionally, or physically?

### **Your Mission in the World (Acts 20.24)**

Have you failed to share the Good News of Christ ... with your relatives? | With friends? | With co-workers? | With neighbours? | Kept silent in fear?

### **1 John 1.9**

Ask God to remind you of anything else that He wants to bring to your attention.